

Problem Gambling News and Events

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Florida Council on Compulsive Gambling-888-ADMIT-IT(236-4848)

Loved Ones of Problem Gamblers

Warning Signs of Problem Gambling

- *Preoccupation with Gambling*
- *Risking Relationships*
- *Gambling to Escape*
- *Relying on Bailouts*
- *Increasing Bets to Sustain Thrill*
- *Concealing Activity*
- *Loss of Control*
- *Chasing Losses*
- *Illegal Activities*
- *Agitated when Stopping or Cutting Back*

Check these out!!!!

www.gamblinghelp.org
<http://gamblinghelp.org/forums/>

Books:

America Anonymous
 Benoit Lewis

Gambling in America
 Earl L. Grinols

If you or someone you know has a gambling problem, call 1-888-236-4848 for information and resources.

HELP STARTS HERE

The effects of problem gambling within the household can be devastating. Often times, the family of the gambler suffers more due to the neglect that takes place. The problem gambler doesn't always realize the damage they are causing at home as they are too wrapped up in their dream world of hitting that jackpot that is just around the corner. The family takes the brunt of this addiction. There is conflict and arguing over financial difficulties, there is neglect and there can be mental, emotional and physical abuse. There are many other adverse effects as well such as having to get another job to support the family or hiding the problem from other family members or friends because of embarrassment. If children are involved, there can be long term psychological effects, lack of food and clothing and a lack of

loving parental support. If the gambler comes to terms with their problem and the relationship is not beyond repair, the loved ones often have to take on extra responsibilities in order to support the gambler in his or her quest to remain clean. They may have to take control of the family finances, hold the gambler accountable for receiving help such as counseling or 12 step assistance and most of all support them. So when does the family get a chance to heal? The good news is, there is help available for family, friends and loved ones. If you or someone you know has a problem, call 1-888-ADMIT-IT for workbooks, resources and referrals that can help.



The Facts About Loved Ones

- 25% of callers to the HelpLine are loved ones
- 74% report family conflict due to gambling
- 4% claim family violence in the household
- One third of the households have children under the age of 18
- 65% report some degree of neglect due to gambling
- Loved ones emotional state often times mirrors the gamblers

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